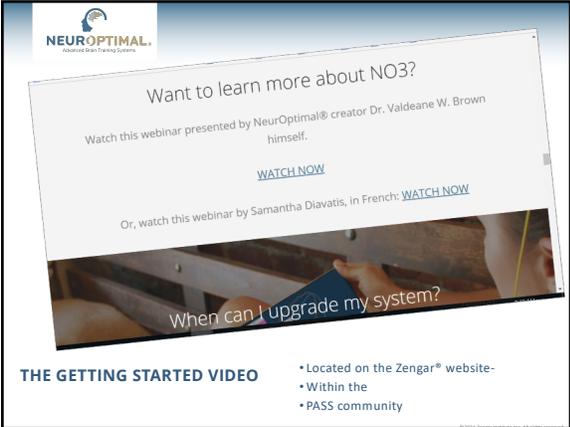


1



2



3

Connecting to the Internet

- NeurOptimal® does all of its updates through internet
- Your system should be connected to WiFi to get these important updates
- If you are traveling or out of range for any length of time, we suggest that you use your cellular as a Hotspot

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7

Setting up the Client Monitor

NOTE: If you are having Clients with their system set up to a conveniently positioned "Client Monitor". This is what the Client will watch during their Session. Monitors are included with the Professional Bundle.

1. Plug the "Client Monitor"
2. Plug the HDMI and video display to HDMI adapter
3. Connect the HDMI adapter to the monitor
4. Connect the video display to the HDMI adapter
5. Connect the other end of the HDMI cable to the back of your Client monitor
6. Switch on the monitor by pressing the Power Button, make sure the Blue Light goes on.

Your system will already be set to automatically go to a second monitor but here is how to set it should you need it.

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8

The Cheat Sheet

A quick reminder of the NeurOptimal® operations.

Double Tap Cheat Sheet:

| IF YOU DOUBLE TAP: | THIS IS WHAT HAPPENS: |
|------------------------------------|--|
| "Client" in Monitor | Makes a "Client" window appear |
| "Client Name" | Session begins for that Client |
| "Session" in Monitor | Client has completed, waiting for you to select before you select the "Client" & Session to be |
| Session Date (Pro Only) | "Session" appear for that Session |
| Tools Icon | "Performance" window opens |
| PRO ONLY - IN 6 COLUMN VIEW | |
| "Training" in Header | Makes a "Tools" window appear |

9



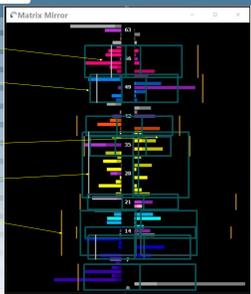
Some Windows Are Rounded

- The **TRAIN Player** and **NeuroOptimal® Media Player** both have rounded corners
- They can not be resized, but you can **Grab and Drag** them wherever you want, and they will open up where you left them last
- The "X" in the upper right corner of the **TRAIN Player** will stop **Playback** of the **Session** and close the **TRAIN Player**
- You can **Grab and Drag** the **Progress Bar** to move to a different time in the **Session**

19



The Matrix Mirror



Spectral Lines

Target Boxes

Target Overlaps

Target Lines

Zengar

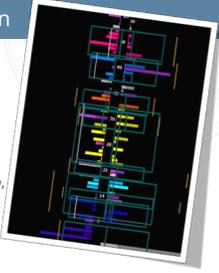
20



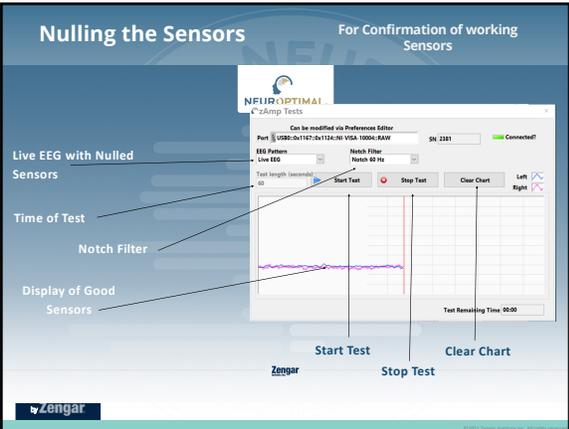
The Matrix Mirror is **not predictive** of what to expect in the next session... nor can it be used to **judge** the value of a session...

The Matrix Mirror: Introduction

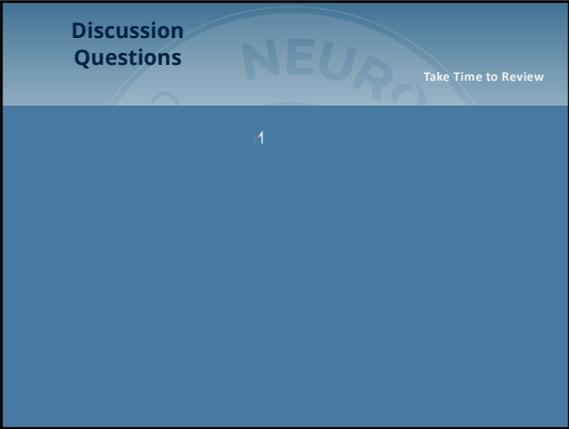
- **NO3** brings back the **Matrix Mirror** with some new Features
- The **Left Hemisphere** and **Right Hemisphere** is designated with the center line depicting the **Frequency levels**.
- The **Matrix Mirror** integrates **High Hertz** into the new, default **20 Targets**
- The lines are the **TFE's** (**Time-Frequency Envelopes**)



21



31



32
